

### Mental Health First Aid Workshop

If you are involved in interacting with those feeling stressed by the impact of Florence, the March 26<sup>th</sup> Mental Health First Aid workshop might be helpful to you. This event takes place on Tuesday, March 26<sup>th</sup> from 8:30AM to 4PM at Trinity United Methodist Church, 2311 Elizabeth Ave. in New Bern. This workshop, aimed at those in caregiving roles (lay or clergy) will help strengthen your knowledge and confidence. Register soon, since class size is limited. Please send your name, email address, and preferred phone number to Lyn Keating: [lynkeating@trilliumnc.org](mailto:lynkeating@trilliumnc.org) or call 1-866-998-2597. Faith Connection is sponsoring this workshop for volunteers in our faith communities; training is provided by Trillium at no charge.

## WORSHIP

### *LENTEN LUNCH on TUESDAYS* *Favorite Texts: At Least for Now*

March 26 ~ James 1:17, Job 12:7-10 and 2 Timothy 1:14 – Alison Mattocks  
 April 2 ~ Proverbs 3: 5-6 and Romans 12: 1-2 – Peter Moeller  
 April 9 ~ Romans 8: 31-39 – Ken Wilkins  
 April 16~ Daniel 3:8-30 – Wendy Moeller

### Lenten Lunch

Mark your calendars now for our Lenten Lunches, held each Tuesday at 12:05PM during Lent. The Worship Commission in conjunction with Presbyterian Women will serve our lunch on Tues, March 26<sup>th</sup> in the Session House as we welcome Alison Mattocks as our speaker. We encourage you to come for a time of worship, fellowship, and lunch!

Please see the schedule below for more details on our Lenten Season.

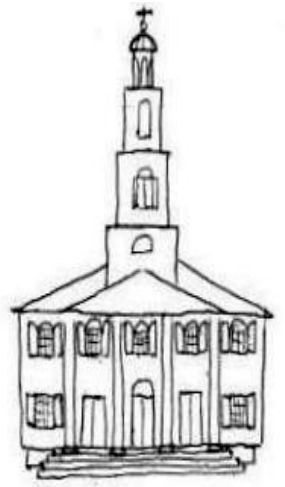
April 14 – *Palm/Passion Sunday* 8:25 and 10:55am  
 Communion by trays  
 April 18 – *Maundy Thursday* 7:00pm  
 Communion by intinction  
 April 21 – *Pasch/Easter* 8:25 and 10:55am

## WEEKLY CALENDAR

**FCG** Fellowship Ctr Gym **SHM** Session House Main (Rm);  
**SHL** Library **SHP** Parlor **LH** Lighthouse **MC** Ministry Center

SUNDAY		March 24
8:25 & 10:55 AM	Worship Service	
9:40 AM	Sunday School (See Schedule)	
4:00 PM	Adult Ed/MC 1.19	
4:30 PM	Confirmation Choir MC 2.08	
5:30 PM	Youth Group/SHM	
5:45 PM	Sanctuary Bells	
8:00 PM	Clean Freedom of Narc Anon/LH	
MONDAY		March 25
11:00 AM	PW Council/MC 1.07	
2:00 PM	Knit for Others/SHP	
3:00 PM	D Bennett Writers Group/LH	
4:00 PM	Covenant Choir/MC 2.08	
5:30 PM	Admin Commission/MC 1.07	
7:00 PM	Women's Bible Study/SHP	
8:00 PM	Clean Freedom of Narc Anon/LH	
TUESDAY		March 26
All Day	Habitat Spring Break Workers/FCG	
8:00 AM	Ladies Community Bible Study/SHP and LH	
9:30 AM	Staff Meeting/MC 1.07	
12:05 PM	Lenten Lunch/SHM	
2:30 PM	Pickleball/FCG	
3:30 PM	Kinderchoir/MC 2.08	
4:00 PM	Habitat Spring Break Workers/FCG	
5:00 PM	Craven Ukes Club/MC 1.19	
5:00 PM	Breast Cancer Awareness/MC 1.25	
6:15 PM	AA (12 x 12 Closed)/LH	
8:00 PM	Clean Freedom of Narc Anon/LH	
WEDNESDAY		March 27
11:45 AM	Preschool Choir/MC 2.08	
12:00 PM	Centering Prayer/MC 1.25	
1:30 PM	Lunch Wagon Committee/SHP	
5:00 PM	Contemplative Worship/MC 1.25	
6:00 PM	House Church #4/MC 1.07	
6:30 PM	Nar-anon/LH	
7:30 PM	AA (Women's C)/SHP	
THURSDAY		March 28
8:00 AM	Men's Bible Study/MC 1.19	
9:30 AM	Women's AM Bible Study/MC 1.07	
12:00 PM	Al-Anon/SHP	
2:30 PM	D. Bennett Writing Group/MC 1.19	
2:30 PM	Pickleball/FCG	
4:00 PM	Habitat Spring Break Workers/FCG	
6:15 PM	AA (12x12 Closed)/LH	
7:00 PM	Daybreak/Sanctuary Choir Rehearsal/MC 2.08	
FRIDAY		March 29
SATURDAY		March 30
10:00 AM	Men's AA Way of Life/LH	
2:00 PM	AMEZ Church (Beafort) Dinner/FCG	
8:00 PM	Clean Freedom of Narc Anon/LH	

WELCOME TO  
**FIRST  
 PRESBYTERIAN  
 CHURCH**



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**Preschool:** 252.670.9290

Michael Anello, *Partner in Mission to Haiti*  
 Andy and Ellen Collins, *Partners in Mission to Thailand*

## NEWS AND OPPORTUNITIES

FIRST PRESBYTERIAN CHURCH invites all who are led to serve our Lord Jesus Christ in discipleship through his body the Church to join our congregation. Members are received in one of three ways: Profession of Faith and Baptism, Reaffirmation of Faith, or by Letter of Transfer.

VISITOR BROCHURES are available in the vestibule and the narthex as well as in the friendship pad that will be passed along your pew. Please take one or two!

THE FELLOWSHIP CAFÉ in the Ministry Center (behind the Sanctuary) is open at 8:45 AM (before Sunday School) for coffee. It remains open until Sunday School begins, at 9:40am. Come, one and all, that we may meet and greet one another!

PRAYER REQUEST CARDS and envelopes are in the pew racks. If you have a prayer request for you or your loved one, please supply the information requested on the prayer card and put it in the privacy envelope. Confidentiality is always honored. For all other requests or questions, please call Janet Benrey (638-5787). *For my house shall be called a house of prayer for all peoples.* (Isaiah 56:7c)

SERMON MANUSCRIPTS are available in the Church Office and the audio version can be found on our website located at: [www.firstpresnb.org](http://www.firstpresnb.org).

24 March 2019

# COMMISSION AND COMMITTEE EVENTS

## ADMINISTRATION

Copies of **In and Out of Every Season**, by Bill Hawkins are available for purchase through the Church Office. The price is \$16.95 with the Bicentennial Fund being the beneficiary of 100% of the proceeds. Books are currently available at the Church Office on weekdays only. Signed copies are available.

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## EDUCATION

### Candy Donations REQUESTED for Easter Egg Hunt

We are collecting individually wrapped candy for our annual children's Easter Egg Hunt on Easter Sunday, April 21<sup>st</sup>. If you'd like to participate, we ask that you please bring one bag of individually wrapped candy to the Church Office by April 14<sup>th</sup>.

### Youth Group TODAY, 5:30-7:30pm

Meet in the Session House for dinner followed by activities led by Youth Council.

### Youth Group NEXT SUNDAY, 3/31, 5:30-7:30pm

### Rothermel Presentation

On Sunday, April 7, at 2 PM in the Sanctuary, the Rothermel Foundation presents a lecture titled **Faces of Alzheimer's Disease Research** by Prof. Carol Anne Colton, Ph.D., research professor in the Neurology Department of Duke University's School of Medicine. Dr. Colton is the leader of a team whose widely respected research centers on the study of neuro-degenerative diseases such as Alzheimer's (AD). Join us for Dr. Colton's lecture to learn of progress toward new understanding of AD, new directions to possible treatments for the disease and even prevention rather than treatment after diagnosis.

**Sunday School Classes Begin at 9:40AM/Nursery at 9:30AM**  
**Adult Sunday School Opportunities – Spring Quarter**  
**Now thru May 26, 2019**

### The Present Word – Discipleship and Mission/Joan Leibert/SHP

Our spring quarter will focus on Discipleship and Mission. By studying scriptures in Luke, Matthew and Romans we will seek to answer the question: "Where does our greatest passion meet the world's greatest need?" Answers to this question will help point each of us in the right direction to discovering not only what God is calling us to do, but also, the kind of work we want to do and will enjoy doing.

### Encounters with Jesus/Maren Sonstegard-Spray/SHM

Using Encounters with Jesus: Studies in the Gospel of John by Frances Taylor Gench. We will continue exploring the interactions of various people with Jesus using close textual study, conversation, and artistic interpretations, and guided by Prof. Gench's study of the Gospel of John.

### Short Stories by Jesus: The Parables/Brent Schlottman/MC Chapel

Using Short Stories by Jesus by Amy-Jill Levine.

## Mid-Week Formation Opportunities

### Monday Evening Women's Bible Study/SHP

The Monday night women's Bible study group which meets in the Session House Parlor every Monday from 7:00 to 8:30 is now studying Barbara Essex's *More Bad Girls of the Bible* this spring. For information, call Marice DeBruhl 252-637-5468 or Wendy Moeller 252-514-7729.

### Centering Prayer Group /MC Chapel

Centering Prayer is an ancient form of prayer that involves learning to rest in God's presence. This group meets every Wednesday from noon to 1PM in the Ministry Center Chapel and is led by Rev. Lloyd Griffith.

### Contemplative Worship/MC Chapel

This small group worship experience is offered each Wednesday from 5PM to 5:30PM in the Chapel. A brief service is planned around silence, prayer and meditation on the Biblical text chosen for preaching the coming Sunday. Please feel free to bring a friend to our next gathering.

**Presbyterian Men's Morning Bible Study** is led by Brent Schlottman and Bill Hawkins on Thursdays at 8AM in the Ministry Center Café. You're welcome to join us for coffee (and sometimes baked delights from Chip or Dean or others), fellowship, and deep-dives into Scripture in the Fellowship Cafe.

**Thursday Morning Women's Bible Study**, led by Maren Sonstegard-Spray, meets weekly from 9:30AM to 10:30AM in the Ministry Center Conference Room (MC 1.07). During Lent, we're studying "Forgiveness: A Lenten Study" by Marjorie Thompson (available on Amazon, or contact Maren if you need help getting the book). Please contact Maren ([maren@firstpresnb.org](mailto:maren@firstpresnb.org)) if you are interested in joining the study for Lent and would like to be added to the email list.

### Montreat Women's Conference - Discount Available

Join us at the Montreat Women's Connection Conference Friday-Sunday, August 9-11 - registration has already opened. The keynote speaker is Valeria Kaur, civil rights activist and founder of the Revolutionary Love Project, and with music leadership on Sunday by Grammy-winner Amy Grant. More information and registration is at [montreat.org/events/women](http://montreat.org/events/women). Registration cost includes program, room, and meals (single and double occupancy options, and cost varies depending on housing choice), AND we are offering a 50% discount off the cost of the registration from the McClary Scholarship fund to make it easier to attend the conference! Please contact Maren to learn more about the discount. **Childcare is available at Montreat for children aged six months through early teens.**

### St. Francis Prayer Center - Adult Spring Retreat Still Available!

Due to some unanticipated changes in plans, a few spaces have opened up in our adult spring retreat on April 26<sup>th</sup> – 28<sup>th</sup> to St. Francis Springs Prayer Center. This retreat is a unique opportunity to get away from the many distractions that can fill our days and spend the weekend in a beautiful quiet setting that invites renewal of our intimacy with God. For more information about availability please contact Rev. Lloyd Griffith.

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## FELLOWSHIP

### Fellowship Dinner/Spring Ring

Our 31<sup>st</sup> Annual **SPRING RING** will take place on Wednesday, April 3<sup>rd</sup> at 6:45PM in the Sanctuary. The evening begins at 5:45PM in the JMS Center Gym, where Chef Kevin is cooking delicious ham and turkey with all the fixings. After dinner, we cross the street to the Sanctuary where Spring Ring will be held, and features our children's and youth choirs and the Sanctuary Bells. It's a First Pres tradition! Call the Church Office to sign up, or indicate when you sign the friendship pad how many from your family will be attending.

### Presbyterian Women Spring Gathering for New Hope Presbytery

All women of the church mark your calendars for Saturday, April 13<sup>th</sup> for the PWP Spring Gathering in Lucama, NC. This year, we have the honor of seeing one of our members, Carole Koi, installed as PWP Moderator for our Presbytery. We are also planning to take the Church Bus from here. In addition, our own Esther Patterson will be sworn in as our Area 9 Representative, and Rev. Maren Sonstegard-Spray will be the keynote speaker. You don't want to miss this event. Come to show your support! You may email Carole for more details: [jandekoi@gmail.com](mailto:jandekoi@gmail.com).

### Family Camp – Sign Up Now (Insert in today's Bulletin)

Our 2019 Family Camp is scheduled for Sat., April 27<sup>th</sup> at Camp Albemarle. We're still calling it "camp", but this year we're trying something different and only having daytime activities. The fun will begin around 1pm, (or we could say as soon as YOU arrive). There will be games and activities, or just a chance to catch up with other members you haven't seen in a while. Around 4PM, a catered meal will be served, and we've planned a bonfire after dinner. Everyone should be able to get home before dark. Please sign up if you want to attend. We hope you will make a commitment to attend this event this year as we respond to many requests to "bring back" our family camp. Just call the Church Office (637-3270) to let us know you are coming.

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## OUTREACH

### Disaster Financial Assistance Available to FPC Members

First Presbyterian Church (FPC) has received and continues to receive donations for Hurricane Florence recovery. As part of our church's Outreach Disaster Relief & Recovery program we have decided to offer a limited number of grants for financial assistance to FPC members who sustained losses not recovered through other means. These grants will be available on a first come, first serve basis up to an initial amount of \$2,500 per household; this grant program is limited to the total budgeted recovery amount. Application forms for financial assistance will be available in the church office or on the church's website after March 20<sup>th</sup>, or the application can be mailed to your address. Completed applications along with supporting documentation must be returned to the church office no later than **April 30, 2019** to be considered. All information provided will remain confidential and will not be shared for any other purpose. Each application will be carefully reviewed by FPC's Disaster Recovery Group and the Financial Oversight Team to determine if the application meets the criteria for grant approval. If you have any further questions and/or need additional information, please contact Carl Chapman at 252.229.2040, or Hollis Brannon at 252.639.8282.